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# **PRESSURE COOKER: Dump Dinners, Clean Eating And My Spiralized Box Set: Over 100 Delicious And Healthy Recipes For You And Your Family (Pressure Cooker, Pressure Cooker Cookbook)**





## Synopsis

**PRESSURE COOKER BOX SET: 100 Of The Most Delicious and Healthy Recipes For You And Your Family Free with Kindle Unlimited**  
**FREE BONUS INCLUDED**  
**Book 1: Pressure Cooker: 30+ Delicious and Quick Pressure Cooker Recipes for You and Your Family**  
If you are interested in trying a new culinary experience or perhaps you recently purchased or was gifted a pressure cooker then this cookbook will be a wonderful tool to use along with your new cooker. You may be experienced in other ways of preparing your food, but the pressure cooker is going to take you to a new level in your cooking experience. If you are someone that enjoys learning and experience new and different things in life then the pressure cooker will be a new way of cooking that will delight you and your family with the yummy results that you will prepare with it.  
**Book 2: Dump Dinners: 30 Of The Most Delicious, Simple and Healthy Dump Dinner Recipes For You and Your Family!**  
This book contains 30 healthy and flavorful Dump Dinners recipes that are very easy to make and you do not require to put any extra effort to learn them as they are already too much easy to comprehend without any ambiguity. The process of making dumped recipes involves slow cooking by dumping all the ingredients in a slow cooker until all the ingredients become ready to eat, this process helps you to save the essential nutrients of the ingredients which you use and thus the food which you eat has not been deprived of essential nutrients which are required for making you healthy and fit.  
**Book 3: The Clean Eating Diet: Over 30 Delicious and Healthy Clean Eating Recipes To Lose Weight, and Increase Energy Forever!**  
After reading this book, you will come out more determined and empowered than ever to take on the challenge of weight loss and encourage your personal metamorphosis â€œ from being a person who does not think that healthy food can be awesome into someone who is ready to embrace the healthful benefits that clean eating can offer. Reading the book will surely enable you, whether or not you have struggled with your weight, to understand that changing the types of food that you eat will not only help you lose weight, but will also completely change your mind on the concept of living a healthier lifestyle.  
**Book 4: My Spiralized Cookbook: 40 Delicious Spiralized Recipes for Optimum Health, Weight loss & Wellness You Need To Know**  
This cookbook offers some great advice and recipes to give your meals a great kick start in their taste and their appearance. In this cookbook you are going to find some wonderful healthy and fun ways to make and present your meals using a spiral slicer of your choice. The way a meal is presented can make a difference between it being a blah nothing special kind of meal to being a â€œWow Mealâ€• that almost jumps right off the plate with eye catching appeal! **FREE BONUS included!**  
As my way of saying thank you for downloading and reading this book, Iâ€™ve included a special gift for you just before the conclusion. Are you ready to learn 100 of the most delicious and healthy

recipes? Scroll to the top of the page and select the buy now button. Available on PC, Mac, smart phone, tablet or Kindle device. © 2016 All Rights Reserved.

## **Book Information**

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## **Customer Reviews**

This box set is really amazing. Any one of these books would be a great deal on their own.

However, when you combine them together, this is an outright steal! Eric does a fantastic job of putting together a huge collection of delicious recipes. They aren't hard at all to make and his instructions are easy to follow. I personally love pressure cookers and my favorites from the books include spicy ribs and even salmon steaks. The book on dump dinners is wonderful for really saving time and eating healthy. The hardest part is knowing which of the many recipes to start with. This was a real home run for cookbooks. With this one, you don't need any more cook books!

This is the perfect product for the modern person on the go. Not many people have the time to cook full delicious meals with their schedules, but with this they are able to do it in much less time! I used work 9 hours a day, go to the gym, cook, and try to spend some time unwinding or talking with

friends before bed. That caused me to be constantly going to bed late and getting little sleep. Then, I found this book, bought a pressure cooker, and my meals have been more tasty and in half the time! I've been able to go to bed early and have more energy. There are so many delicious recipes I never get bored! Plus, the ladies love a man who can cook!

As a homemaker I always need new recipes for me to serve for my family that will not also take most of time preparing. When I found these books, it got me so excited because I have plenty of recipes to choose from to cook for my family. These recipes are also great for those who live on their own and are always busy.

I was looking more for pressure cooker/dump dinners that were closer to comfort foods. This has things that I'll never make for my family like Egg Corn Soup, Eggplant Fiesta, Kale Chips (who needs a recipe for that? you just bake them), Crispy Polenta Wedges with Tomato Tampanade and so on. Sure, maybe if I'm entertaining, but not for regular meals. I'm quite surprised at the reviews and very disappointed in the book set. This is more for the creative chef, which isn't me. I just want plain easy recipes. This doesn't have that.

I absolutely love this box set since it consists of the various recipe books that uses a pressure cooker which I really enjoyed using. From dump dinners to spiralized cooking recipes, this set has them. With this, I'll be able to prepare lots of dishes which me and my loved ones would definitely enjoy. This is truly a great box set that I'm going to keep in my library for a very, very long time. And with that being said, I highly recommend this to others who loves eating a home cooked meal even when busy.

Keep Looking - No original ideas, poor quality, no pictures, nothing to get excited about.

Wow! I'm not a very good cook but this book made my life easier and my family happier.

I don't really like paperback books but it did have some good ideas.

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